## **April 2024**

SUN	MON	TUE	WED	THU	FRI	SAT	
	01	02	03	04	05	06	
	1:00pm Bridge in Hall	<mark>10:15-11:00am</mark> Wellness Exercise in Hall	10:00am Al- Anon Meeting	1pm Bridge in Hall 3:00-4:00pm VON Exercise in	10:00am Tai Chi		
	3:30-6:30 Yoga in Narthex	1:00-2:00pm VON Exercise in Conn Room	1:00pm Shout Sister in Hall	Conn Room 6:30pm Embers in Hall 7:30pm Choir in Conn Room	1:00pm Council in Conn Room	6:00-8:00pm TLC Choir	
	7:00-8:30pm Tai Chi	7:00pm Shout Sister in Hall	6:30pm AA in A.West Room	8:00-10:00pm TLC Youth in AW		TEO OHOII	
07	08	09	10	11	12	13	
10:30am Crossroads Worship 12:30-4pm TLC Worship in	1:00pm Bridge in Hall 3:22-3:25pm Total Solar Eclipse	10:15-11:00am Wellness Exercise in Hall 1:00-2:00pm VON Exercise in Conn Room	10:00am Al-Anon Meeting 1:00pm Shout Sister in Hall	1pm Bridge in Hall 3:00-4:00pm VON Exercise in Conn Room 6:30pm Embers in Hall	10:00am Tai Chi		
Hall 6:00pm AA in A.West Room	[Yoga cancelled] 7:00-8:30pm Tai Chi	7:00pm Shout Sister in Hall 7:00pm Worship Comm. on zoom	6:30pm AA in A.West Room	7:30pm Choir in Conn Room 8:00-10:00pm TLC Youth in AW		6:00-8:00pm TLC Choir	
14	15	16	17	18	19	20	
10:30am Crossroads Worship 12:30-4pm TLC Worship in	1:00pm Bridge in Hall 3:30-6:30 Yoga in	10:15-11:00am Wellness Exercise in Hall *Lunch Out* 12pm Smitty's	10:00am Al-Anon Meeting 1:00pm Shout Sister in Hall	1pm Bridge in Hall 3:00-4:00pm VON Exercise in Conn Room 6:30pm Embers	10:00am Tai Chi		
Hall 6:00pm AA in A.West Room	Narthex 7:00-8:30pm Tai Chi	2376 Princess St. 1:00-2:00pm VON Exercise in Conn Room 7:00pm Shout Sister in Hall	4:30-7:00 Kids Club in Hall 6:30pm AA in A.West Room	in Hall 7:30pm Choir in Conn Room 8:00-10:00pm TLC Youth in AW		6:00-8:00pm TLC Choir	
21	22	23	24	25	26	27	
10:30am Crossroads Worship 12:30-4pm	1:00pm Bridge in Hall	10:15-11:00am Wellness Exercise in Hall	10:00am Al- Anon Meeting	1pm Bridge in Hall 3:00-4:00pm VON Exercise in Conn Room	10:00am Tai Chi		
TLC Worship in Hall 6:00pm AA in	3:30-6:30 Yoga in Narthex	1:00-2:00pm VON Exercise in Conn Room	1:00pm Shout Sister in Hall	6:30pm Embers in Hall 7:30pm Choir in Conn Room		6:00-8:00pm	
A.West Room	7:00-8:30pm Tai Chi	7:00pm Shout Sister in Hall	6:30pm AA in A.West Room	8:00-10:00pm TLC Youth in AW		TLC Choir	
28	29	30		41111			
10:30am Crossroads Worship 12:30-4pm	1:00pm Bridge in Hall 3:30-6:30	10:15-11:00am Wellness Exercise in Hall 1:00-2:00pm			690 Sir John A Macdonald Blvd. Kingston ON K7M 1A2		
TLC Worship in Hall 6:00pm AA in	Yoga in Narthex	VON Exercise in Conn Room					
A.West Room	7:00-8:30pm Tai Chi	7:00pm Shout Sister in Hall		613-542-9305			